## ABAS-3

The Adaptive Behaviour Assessment System Third Edition (ABAS-3) is a validated tool which is used internationally to assess a person's independent functioning across a range of areas, for example, home, school, community, health and safety and communication.

A comprehensive report is provided with statistical data regarding the age and stage of the child or adult. The report also contains intervention strategies to help parents, educators and allied health professionals to better support the development of the person's independent and adaptive functioning.

Fee: available upon enquiry.





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## **EMDR**

**EMDR** (Eye Movement Desentisation and Reprocessing) uses bilateral stimulation to reprocess traumatic memories. This then reduces the emotional charge and reexperiencing of these negative memories.

Depending on the complexity of the traumatic memories, various numbers of sessions could be required. This evidence based treatment, for children and adults, is endorsed by the World Health Organisation (WHO) as the leading treatment for Post Traumatic Stress Disorder (PTSD). Contact for more details or to discuss.

Fee: billed at hourly session rate.



## **EMOTIONAL WELLBEING**

Our **Emotional Wellbeing Assessment** is a comprehensive tool which assesses social emotional skills and functioning such as resilience, coping strategies, trauma, mental health and safe relationships.

The report provided presents the clinical findings in a constructive and supportive way and includes recommendations for future treatment goals. Contact for more details or to discuss.

**Fee:** available upon enquiry and billed on an hourly rate.



## **SAFE & SOUND**

The **Safe and Sound Protocol** from Integrated Listening Systems is an evidence based treatment to reduce sensory behaviour dysregulation and address social emotional communication difficulties.

This treatment protocol for children and adults involves one hour a day for five consecutive days with a pre and post questionnaire to measure progress. Contact for more details or to discuss.

**Fee:** available upon enquiry.

