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Understanding Trauma

Trauma - neurophysiology, diagnosis and treatment

1. What is trauma?
2. The evidence-base
3. Neuroendocrinology and trauma
4. Stress, attachment and coping
5. Mental health and trauma
6. Diagnostic considerations
7. Treatment modalities and considerations
8. Summary and revision

Trauma informed care - principles, skills and practice

1. What is trauma informed care?
2. The evidence-base
3. TIC Framework: Six principles
4. Organisational factors
5. Clinical settings: sensitivities and systems
6. Clinician skill development: good practice
7. Self-care, reflection and supervision
8. Summary and revision

This dynamic and interactive training is based on contemporary evidence and is delivered as two half-day workshops.

A PDF of each comprehensive PowerPoint is emailed to all participants as a learning tool. Other support resources which are referenced or discussed during the training are also shared following the training.

Please email don@mackenziesocialwork.com.au or phone 0435 005 669 for more information.