FEES

Therapy Session - 50 minutes

- **\$190.00** therapy fee: Medicare rebate is \$75.95
- \$193.99 NDIS fee: if you are self or plan managed as we are not a registered NDIS Provider
- \$190 clinical supervision fee: for clinical or mental health social workers
- Fees change in accordance with the latest NDIS Price Catalogue/MBS
- Provision of NDIS review letters, reports and administration of assessments or tests incur additional fees







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Services and Referrals



SERVICES

We provide counselling, therapy, assessment and training to develop strategies that help you manage challenging issues, behaviours or events in your life and relationships.

We can deliver therapy or training in our clinic, school or workplace, and online. Treatment goals are discussed and agreed with you to address issues in a supportive and structured way.

Services provided are evidence-based, person-centred and trauma-informed. We work closely with you to encourage self-development, education and growth.



CLINICAL EXPERTISE

- Alcohol and other drug use
- Anger
- Anxiety
- Attention Deficit Hyperactivity Disorder
- Autism Spectrum Disorder
- Complex PTSD
- Depression
- Eating disorders
- Emotional regulation
- Grief and loss
- Positive parenting
- Relationship issues
- Self-harm and suicide
- Social emotional learning
- Stress and threats



REFERRALS We accept referrals for the following

- Better Access
- Healthy Minds
- Victims of Crime
- Department of Veterans Affairs

programs (and privately funded):

- Pregnancy Support Counselling
- National Disability Insurance Scheme (NDIS)
- Workers Compensation
- Teachers/University Health Fund
- Nurses and Midwives Health Fund
- Employee Assistance Programs (EAP)



Accredited Instructor