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Men's Violence Program

<u>Unpacking Men's Violence (half-day/3hrs)</u>

- 1. Defining domestic and family violence
- 2. Types of violence
- 3. Neurobiology of violence and trauma
- 4. Impacts on partners and children
- 5. Unhealthy relationships
- 6. Safety, risk and legal issues
- 7. Support services

Changing Men's Violence (half-day/3hrs)

- 1. Defining toxic masculinity
- 2. Gender-based violence
- 3. Coercion and control
- 4. Healthy relationships
- 5. Accountability and responsibility
- 6. Educating boys and young men
- 7. Sustaining change plan

Course:

This dynamic and interactive training is based on contemporary evidence and can be delivered stand-alone or as two half-day workshops. A PDF of each comprehensive PowerPoint is emailed to all participants as a learning tool. Other support resources which are referenced or discussed during the training are also shared with participants.

Facilitator:

Don has two university degrees in social work and over 23 years' experience as a therapist and trainer. Don combines his extensive practical experience with evidence-based principles to help apply participant learning. Don has worked in a variety of organisations in men's violence, child and family health, and mental health. https://www.mackenziesocialwork.com.au/about

Contact:

Please email <u>don@mackenziesocialwork.com.au</u> or phone 0435 005 669 for more information about this training.