



MACKENZIE SOCIAL WORK SERVICES
THERAPY | TRAINING | CONSULTING

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Understanding Trauma CPD Workshops

Part A: Trauma - neurophysiology, diagnosis and treatment

9am-12pm

1. What is trauma?
2. The evidence base
3. Neuroimmunobiological components of trauma
4. Stress, attachment and coping
5. Mental health and trauma
6. Diagnostic considerations (DSM-V and ICD-11)
7. Treatment considerations (medical and allied health approaches)
8. Summary and revision

Part B: Trauma informed care - principles, skills and practice

1pm-4pm

1. What is trauma informed care?
2. The evidence base
3. TIC Framework: Six principles
4. Organisational factors
5. Clinical settings: sensitivities and systems
6. Clinician skill development: good practice
7. Self-care, reflection and supervision
8. Summary and revision